

DECEMBER 1, 2023

SENIOR VOICE

Trinity School, Teignmouth, TQ14 8LY

Headmaster's Message

BY MR ROBINSON

Hairs the thing, this week at Trinity we revisited the idea of difference but through hair. Apologies for the terrible Headmaster pun but moving on, hair really is a good medium through which to explore the idea of identity and difference and five of our pupils, Lily Mae, Ester, Sophie, Tom and Eugenie with Mrs Atkins did just that. Our hair, the lack of it, the colour of it, the texture of it, the shape of it, really are very important to us individually but all of that means that hair is also important culturally. So, if we take Sikhs as an example, long hair symbolizes their spirituality and connection to God, to change it is to alter that perfection. It makes them feel a part of their community. The turban, which holds the hair, is described by some Sikhs as their crown and reflects their pride in their faith. In our assembly this week our pupils focused on the Afro and its powerful significance for black identity. The history of the Afro can be traced back to tribal Africa where hair was used to define roles, hierarchy, and status. Slave owners would shave off black people's hair, in an attempt to erase their identities but enslaved Africans also used cornrows to transfer and create maps to escape from plantations and captivity. Black hair in this way was used as a tool for resistance.

Continued overleaf...

This issue:

Gardening Club

Year 7 Scientists

Year 8 Philosophers

Boarding Life

Young Enterprise

Year 7 Design Technology

Commendations



TRINITY SCHOOL, TEIGNMOUTH

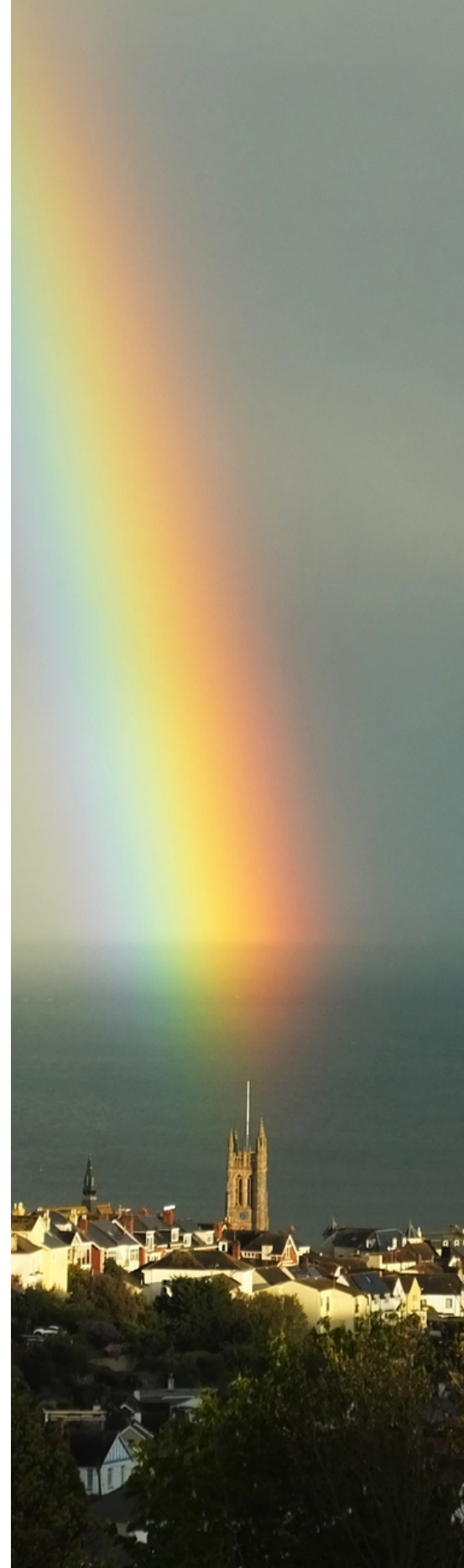


@TRINITYSENIORSC

@PREPHEADTRINITY

HEADMASTER'S MESSAGE

ewish and Christian society also have their story of Samson who gained superhuman strength from his uncut long Nazerene hair. He finally fell victim to his foes through love of Delilah, who beguiled him into revealing the secret of his strength. Delilah had his hair cut and betrayed him. He was captured, blinded, and enslaved by the Philistines, but in the end God granted Samson his revenge; through the return of his old strength, he demolished the great Philistine temple of the god Dagon, destroying his captors and himself. In modern times, many famous women have shaved their heads wishing to free themselves from conventional beauty standards hoping to take control over their own image. Britney Spears was reportedly "sick of people touching my hair" when she shaved her head in 2007, while Florence Pugh, the actress, recently said she "wanted to take vanity out of the picture" by shaving hers earlier this year. In my youth, one of the ways that pop subculture defined itself was through hair, spiky for the Punk movement, long and flowing for the New Romantics but the singer Sinead O'Connor stood out when she shaved her head. It seemed at the time another pop culture gesture but as she was to explain some years later there was more to it than that. "When we were children, my sister had the most beautiful red hair, glorious red hair, the type you'd be jealous of," she said. "But my mother took it into her head that my sister's hair was ugly and horrible and disgusting. When I had long hair, she would introduce us as her pretty daughter and her ugly daughter. And that's why I chopped my hair off. I didn't want to be pretty," she explained. Our hair is an important part of us, a way in which we express ourselves as individuals and culturally but it is also a medium through which some seek to degrade and suppress that identity and deny the beauty in difference and that is something we need to be mindful of.



WELCOME, DECEMBER!

A few fun facts for you from the one and only Mrs Evans:

- It is the last of the 7 months of the year to have 31 days
- The name comes from the Latin for decem as it used to be the 10th month of the year
- The Winter solstice means the shortest day of light falls on the 21st
- Anglo Saxons called the month 'Yule Monath' or 'Winter Monath'
- Star signs are Sagittarius or Capricorn
- Birthstones are all things blue...topaz, tanzanite and turquoise
- December always starts on the same day of the week as September
- Aside from Christmas, there are many other key days, occasions, and celebrations:

1st December is World Aids Day since 1988

6th December is St Nicholas' Day

7th to 15th December is Hanukkah

26th December to 1st January is Kwanzaa

- The least common day to be born in the UK is 26th December
- The 28th of December is often considered unlucky in many countries
- Finally...those born in December are more likely to...do better at school, be 'morning' people, be left-handed, live longer and become dentists!!

“

Of all the months of the year there is not a month one half so welcome to the young, or so full of happy associations, as the last month of the year.

~ Charles Dickens

trvst

HELLO
December



KS3 NETBALL

Well done to the Year 7 & 8 Netball girls who played against Teignmouth Community school on Monday. It was a nice first development game for both schools and their first game as a team. We walked away with an 11 - 2 victory with Jess Sinclair being our highest scorer and Sienna Winsor selected as player of the match. We are looking forward to Netball next term!



LOCAL EVENTS

- St Michael's are hosting their Christmas Fair from 10am – 2pm tomorrow (Saturday).
- The Community Administrator at St Michael's has a pop-up shop at Teign Heritage Centre & Museum from 12.30 – 3pm
- Ideford have their independent arts and crafts Christmas Fair at St Mary's Village Hall from 11am-4pm tomorrow.

"We are
looking
forward to
next term!"

MISS MOSS



TWO TINS FOR TUESDAY

Students from all senior year groups have been asked to bring in 2 tins next Tuesday (5th December) to use during tutor time. As a collective, we will be attempting to lift as much weight as we can to follow up on the assembly we had this term about submariners, their families and raising a nuclear submarine.

All of the cans of food will then be donated to HITS (Homeless in Teignbridge Support). The usual canned foods such as beans, spaghetti, veg, etc. will be greatly appreciated.

GARDENING/COOKERY CLUB

Following on from the trail quesadilla sale, the garden/cookery club went into mass production! They made and sold 48 quesadillas raising £48 for Children in need. This week they aim to make and sell even more.



YOUNG ENTERPRISE

Our young Enterprise Team is called The Vinyl Countdown. We will be selling hand made, vinyl retro clocks and bowls from 10 o'clock on Saturday 2nd December at Exeter Christmas Market. We hope to see you there!



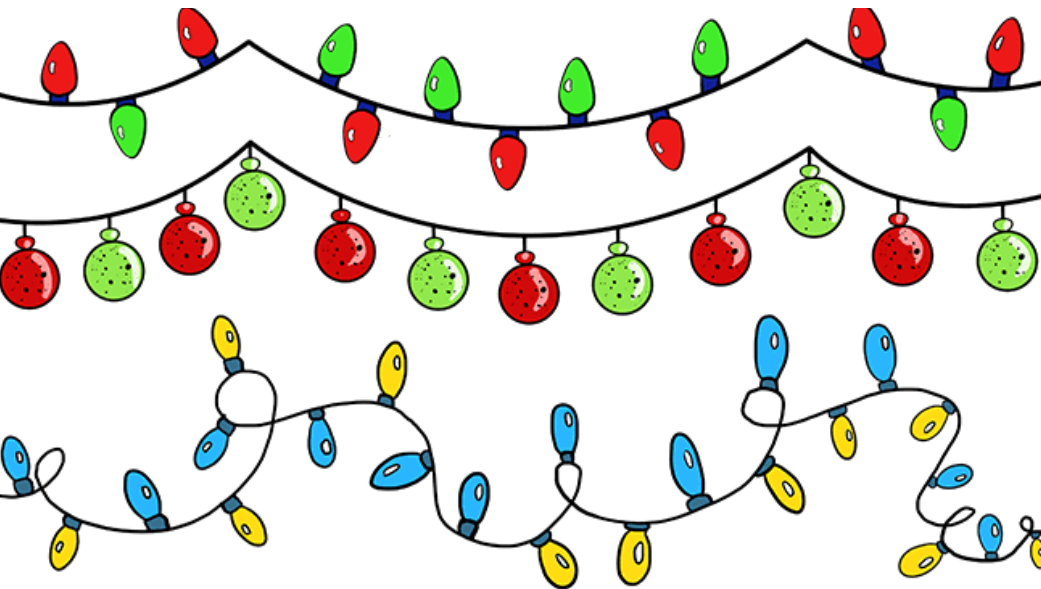
YEAR 7 DESIGN TECHNOLOGY

Year 7s have been working hard this week preparing their boats for the upcoming, annual Amazon Craft Race across the Trinity swimming pool. They have loved the process of designing and building the boats and are getting competitive already!



CHRISTMAS LIGHTS FOR CHARITY

This year, Mrs Saich from the LS team is decorating her house with lots of Christmas lights to raise money for a wonderful charity called AIMS which exists to provide support to those families who have children with different needs. So, if you are passing 4 Fraser Drive on Sunday 3rd December, from 4pm you will be greeted by Minnie Mouse, get a go on a bouncy castle and watch the lights go on with a snow machine too. After this date, the lights will be put on at 6pm for people to enjoy. All donations will be greatly appreciated so go and take a look! A big thank you to Mrs Saich for helping support this fantastic charity.



CHRISTMAS JUMPER DAY

Tuesday 12th is our Christmas jumper day to get into the Christmas spirit and raise money for Children in Need. Students must wear dark colours on their bottom half and bring in a £2 donation.



BOARDING LIFE

Last Saturday the boarders dashed and darted and dodged being hit in a very competitive and enthusiastic game of paintball! Then for a more relaxing Sunday, they enjoyed being creative doing some pottery painting, making souvenirs of their time at Trinity and ideal Christmas gifts for loved ones.



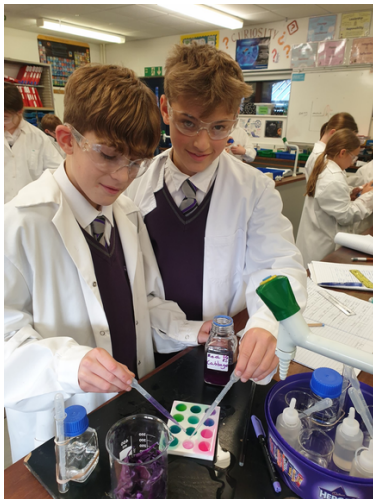
"Boarding
makes us a
family."

DANIEL W, BOARDER



YEAR 7 SCIENTISTS

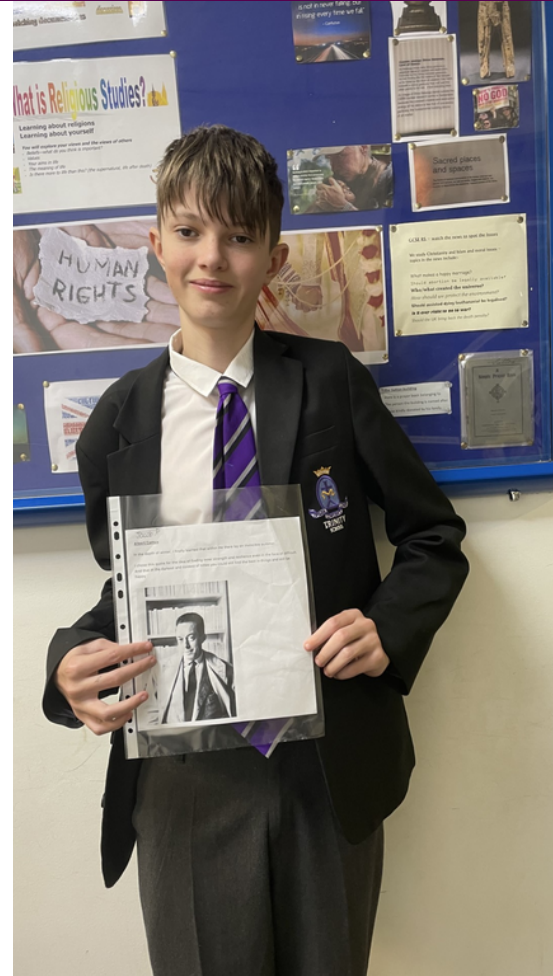
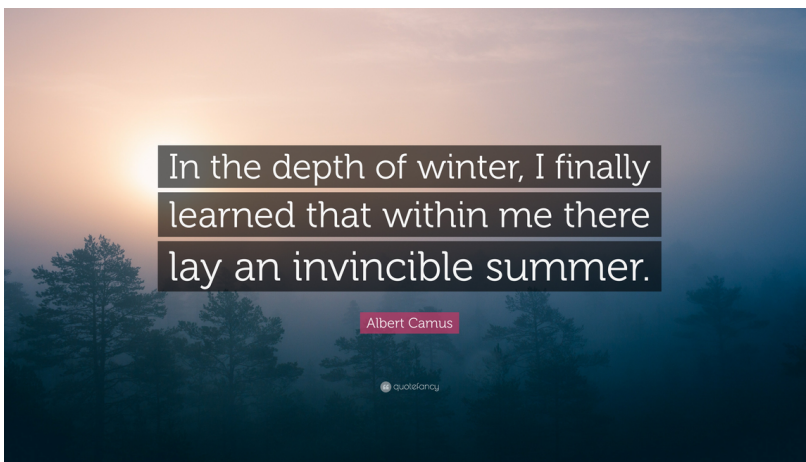
This is Mr Lewis' group. They have produced a acid-alkali indicator from red cabbage and are shown here testing the indicator on a range of household and lab chemicals.



PHILOSOPHER OF THE MONTH

Congratulations to Jacob Flowers who has won this month's (December) philosopher of the month.

His quotation was chosen from a shortlist of finalists by the GCSE and A level RS students and seems apt for this time of year! Well done Jacob!



YEAR 8 PHILOSOPHERS

What is quantum theory? How does Schrodinger's cat help to explain our reality? Is there a multiverse? These are just some of the questions that year 8 have been exploring this term as part of their philosophy module in their Religious Studies lessons.

Following a government report in 2019 encouraging school to add worldviews to their curriculum, students have explored theories from the Ancient Greeks to recent modern scientific views about the nature of reality.

Can you guess which theory is in the picture to the right? Well done Year 8!



YOGA AND MINDFULNESS CLUB

This term, students in yoga club have been building up a toolkit of skills to strengthen their physical and mental health. They have tried vinyasa yoga (moving from pose to pose in a sequential flow), yin yoga (holding poses for extended periods), gratitude exercises, mindfulness and guided meditation. Each week they do a yoga practice together followed by some time to stretch, reflect and use their toolkit as they need that week. Why not have a go at some of these practices yourself, the students definitely recommend fairy lights to brighten the dark evenings!

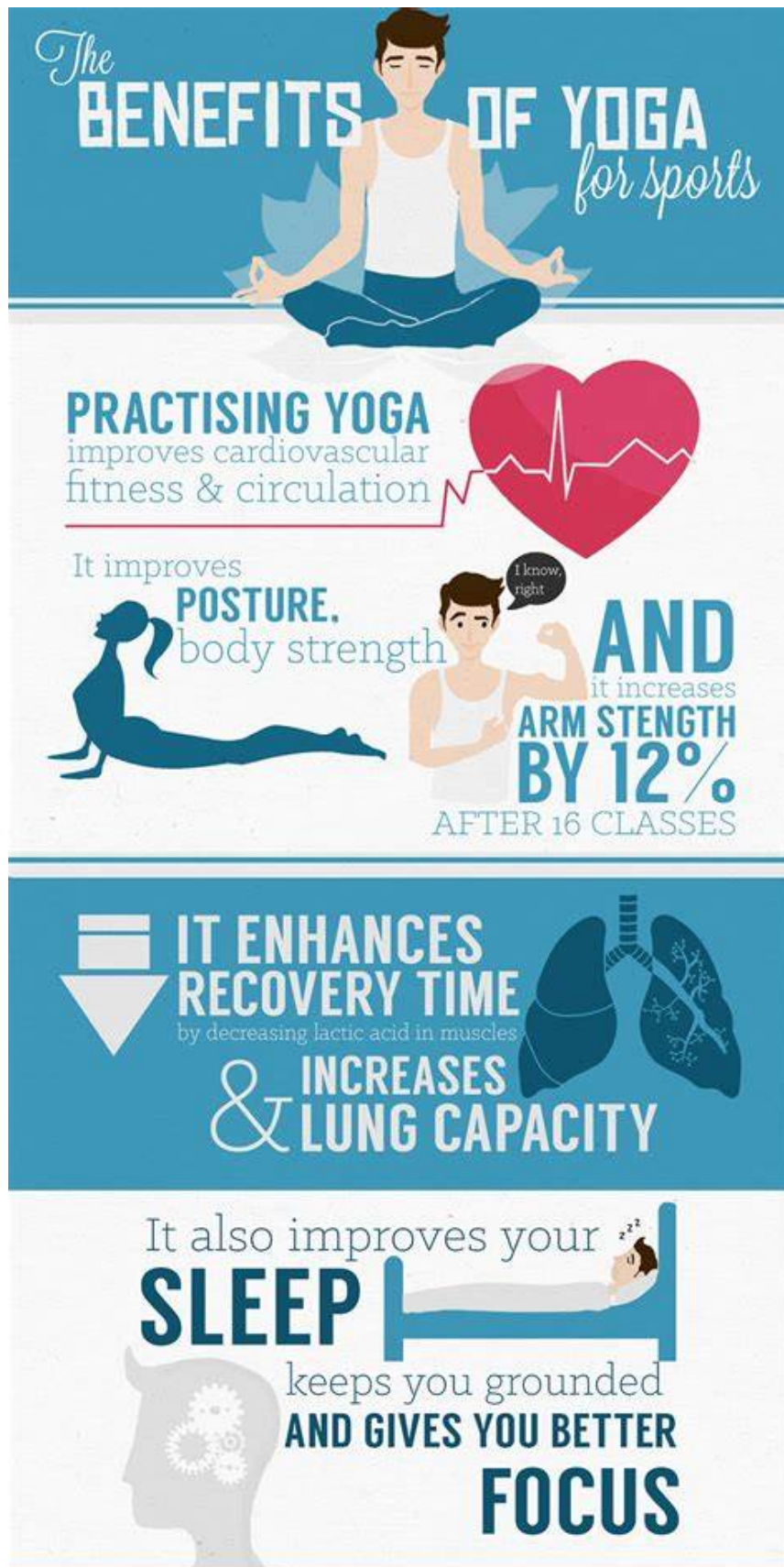


OPEN SENTENCES ON GRATITUDE

Read the beginnings of sentences and complete them with whatever naturally flows.

1. Some things that I love about being alive on Earth are...
2. A place that was magical to me as a child was ...
3. My favorite activities include...
4. Someone who helped me believe in myself is or was...
5. Some things I appreciate about myself are...





YOUNG WRITERS COMPETITION

Following great success in recent years, we are once again taking part in a national young writers competition. This year, the theme is 'glitch'. Successful students will get their stories published and we have a copy of last years 'integer' book featuring a number of our published students available in the Red Library.

The competition is open to all year groups and the deadline is soon- 6th December. Good luck!

THE GLITCH **STUDENT PLANNING SHEET**

STORY STARTERS
Choose one to inspire or start your mini saga:

☐ "YOU'RE EARLY," SAID DEATH. "WHAT HAPPENED...?"	☐ THE DRAWINGS PREDICTED THE FUTURE...
☐ THE SUN HADN'T RISEN FOR FIVE YEARS...	☐ IGNORING THE WARNINGS, I DOWNLOADED THE APP...
☐ WE BURIED IT, BUT IT WAS BACK...	☐ EVERY CLOCK HAD STOPPED...
☐ SUDDENLY, I WAS TRAVELLING THROUGH TIME...	☐ I DIDN'T MOVE, BUT MY REFLECTION DID...

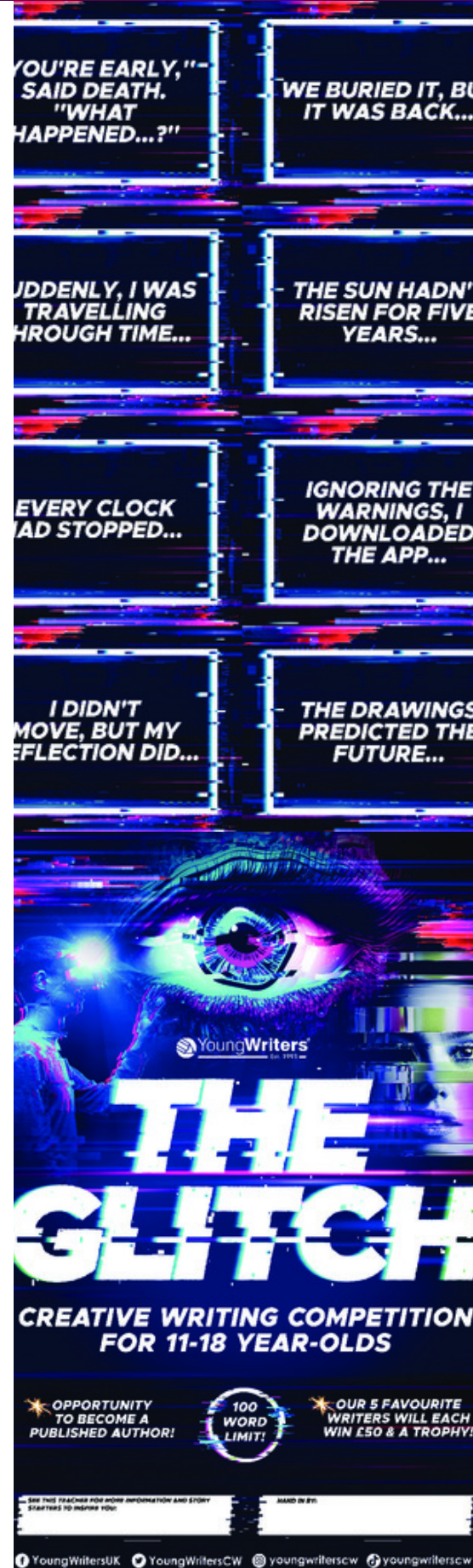
CHARACTER
Describe your main character.

SETTING
Describe where and when your story takes place.

BEGINNING
What is the glitch in your story? How does this affect your character's world?:

MIDDLE
How do they react? What happens next?

ENDING
How does your story end? Do things go back to normal or do they have to adapt to the new reality?



COLD DIP CLUB

Another successful swim this week for the cold water dip club! Remember to bring warm layers to put on afterwards like a coat/ dry robe, hat and gloves.



“BENEFITS OF SWIMMING IN WINTER”

Don't think twice - good things come to those who take a dip!

INCREASE COLD TOLERANCE

The more your body is exposed to the cold, the more tolerance you develop.

LOSE WEIGHT

Agreed that your love handles don't show under your coats but remember, "if winter comes, can spring be far behind?"

DO IT FOR THE ADRENALINE RUSH

Cold-water swimming is about feeling alive. It's an instant adrenaline rush that is addictive.

CARDIO

The water is cold. To keep you warm, your body has to work more.

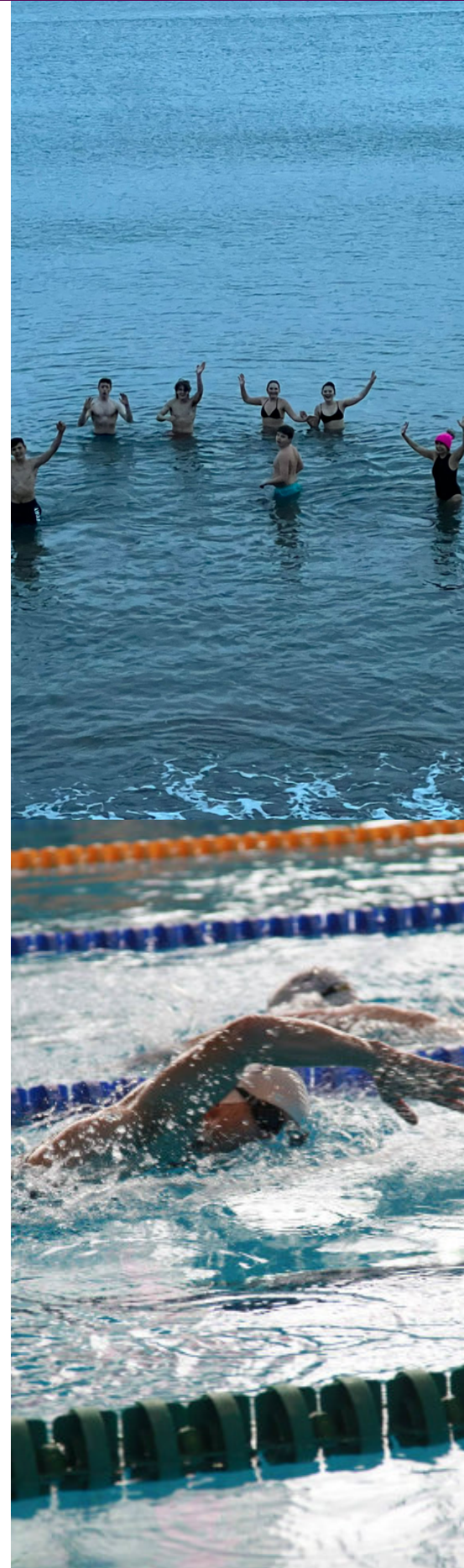
IMPROVE YOUR SKIN

With the rush of the blood, the impurities on your skin are flushed.

DO IT FOR THE HOT CHOCOLATE YOU CAN ENJOY RIGHT AFTER YOUR SESSION.

SWIMMING GALA

to all the swimmers who took part in the inter-school gala last Friday! Some exceptional races and a credit to all, from Year 7's through to Upper Sixth. Final results: 1st Trinity (90 points), 2nd Kingsley (63 points), 3rd Stover (55 points). Well done Team Trinity!!



HISTORY CORNER

This week's photo from our archives. This was the garden path near to the school field.



ON THIS DAY... 1st DECEMBER

In 1135 Henry I died of "a surfeit of lampreys"... eating too many fish!...

In 1822 Franz Liszt debuted as a pianist in Vienna, aged only 11...

In 1887 Sherlock Holmes made his first appearance in literature, featuring in "Study in Scarlet" by Arthur Conan Doyle...

In 1913 Ford instituted the first moving assembly line for the Model T Ford...

In 1919 Lady Nancy Astor sworn in as the first female Member of Parliament...

In 1955 Rosa Parks is arrested for refusing to move seat on a bus in Montgomery, Alabama...

In 1959 the first colour photograph of the earth is received from space...

In 1988 the first World Aids Day takes place..

In 1990 workers from France and England meet in the Channel Tunnel as it joins...

In 2021 Tel Aviv named the most expensive city...



THAT FRIDAY FEELING!

There is no better way to end the week than to celebrate student's hard work and achievements. Congratulations to every student who was awarded Work of the Week or received a Commendation!



COMMENDATIONS

There is no better way to end the week than to celebrate student's hard work and achievements. Congratulations to every student who was awarded Work of the Week or received a Commendation!

Noah Smith
Gemma Newton
Sam Landfear
Victoria Ward
Will Martin
Alice Lovett
Jess Sinclair
Finley Simmons
Lana Magill
Alice Perret
Ben Collison

Evie Collison
Felix Balfour-Paul
Jess Sinclair
Sophia Impey
Owen Young
Tor Jones
Alice Perrett
Esther Rigden-Green
Joseph Rogers
Lily Armstrong
Sophie Stone

Lily-Mae Pettifer
Mariia Ilnytska
Matthew Cusworth
Sam Bird
Charlie Holman
Harry Butler
Vovo Gavrysh
Tom Sinclair
William Levio
Seb Glue
Anais Mo





Top 10 Students

01 Nov 2023 to 30 Nov
2023 Trinity School –
Teignmouth

1 .Sebastian Drake	118	
2 .Jessica Sinclair	69	
3 . Max Kirton	42	
4 . Will Martin	29	
5 . James D	27	
6 . Henry Ball	26	
7 . Libbet Marshall	24	
8 . Hugo Rawlins	20	
9 . Sedric Hauxwell	20	
10 . Henry Lovett	19	



Points are scored when a student beats a previous best in a 30 day period. e.g If a student already has earned a silver medal in the last 30 days and achieves a gold for the same activity, they will score 1 point.

Bronze = 1 point. Silver = 2 points. Gold = 3 points



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents Need to Know about SQUID GAME

AGE RESTRICTION
15+
Suitable only for 15 years and over.

With themes of horror and violence, it's important for parents and carers to understand the potential risks posed to young audiences by the nine-episode Netflix-exclusive TV show, Squid Game. The series, rated 15+, is about a world where contestants who are deeply in debt play children's games in order to win cash prizes. The losers, however, are violently killed. The show's popularity has meant it has spread in various guises across online platforms, with a heightened risk of children and young people potentially viewing unsuitable content. That's why we've created this guide to help parents and carers understand exactly what Squid Game is all about.

INAPPROPRIATE CONTENT

Some might argue that Squid Game contains content that might not even be suitable for older teens, let alone young children. Characters are brutally tortured and killed through stabbings or getting shot as a result of rules developed and enforced by a masked game master. The show also features sexual content and threats of sexual violence, as well as a strong theme of gambling that runs throughout the whole show.

APPEAL TO YOUNG PEOPLE

Whilst the content is very much adult-themed, some features of the show seem to appeal to young children at face-value. The name "Squid Game" may be interpreted as a programme aimed at children rather than adults. The content itself, such as the bright and childish aesthetics, may also appeal to young children, particularly as there's a focus on playground games to go with it.

SIMILAR CONTENT SUGGESTIONS

When using social media and streaming sites, content is recommended based on what the user has consumed i.e. what they have watched or searched for. Therefore, there is a greater chance of your child being exposed to similar violent or horror-themed content on social media after watching a show like Squid Game.

VIRAL SPIN-OFFS

As well as Netflix, Squid Game has grown in notoriety and prevalence on other platforms, like TikTok and YouTube, with clips of the show going viral. On YouTube Kids, a number of successful channels have taken advantage of the Squid Game trend, creating content such as "How to Draw Squid Game Characters" videos. Its popularity has also led to the creation of app games that put the player in the role of a contestant who is killed if they lose a game.

SCENE RE-ENACTMENTS

Squid Game's pervasive presence on social media has encouraged many content creators to re-enact scenes from the show, which has led to reports of children wanting to also imitate those scenes displayed on social media at home and in school. Much of this content stems from the "Red Light, Green Light" game from the first episode, where contestants attempt to make it past a giant animatronic girl before she shoots them.

Advice for Parents & Carers

USE PARENTAL CONTROLS

Netflix has easily accessible built-in parental controls that allow you to set up a profile for your child with a specific age rating, block them from watching certain shows and even lock their account so it can't be accessed by anyone else. Netflix also allows you to access your child's viewing history to make sure they're not watching anything inappropriate for their age.

CHECK AGE RATINGS

Age ratings on TV shows and films are a way to gauge what is suitable for audiences of different ages. If you are unsure about the content your child is watching, check the age rating to see if the TV show or film is deemed suitable for their age group. If not, try watching the show yourself or talking to other parents who have seen it before to get a better understanding of why it's been rated a certain way.

MONITOR ONLINE ACTIVITY

Squid Game has become a social media craze and it's possible your child will see some content related to the show on various platforms. Therefore, it's important to be aware of which websites your child has visited on their smartphone, tablet or laptop, and to also keep an eye out for which accounts they are following on social media platforms, such as Instagram and TikTok.

HAVE OPEN CONVERSATIONS

Making sure your child is comfortable telling you about what they see online can go a long way to ensuring you are kept in the loop about their online use. Showing an interest in what your child is doing online gives you the opportunity to discuss what is and is not appropriate for their age group, and how they might recognise their own feelings towards content they see.

MONITOR BEHAVIOUR

Due to the viral nature of the show, even if your child has not seen Squid Game, it's important to keep an eye on their behaviour. There have been reports from schools of children "playing Squid Game" in the playground and acting aggressively towards the losers as a way to replicate the consequences of losing in the TV show. Viewing content that makes your child feel uncomfortable could also cause them to feel distressed or distracted, so it's important you can easily spot the signs.

WATCH THE SHOW

If you're trying to figure out whether you should let your child watch Squid Game, it might be a good idea to watch the show yourself first. Doing so will allow you to get a better understanding of the show's content and themes, as well as help you decide if this is something you'd feel comfortable with your child being exposed to.

Meet Our Expert

Carly Page is an experienced and highly respected freelance technology journalist, editor and consultant. Previously the editor of tech tabloid THE INQUIRER, Carly now works as the news editor for Computer Shopper and IT Pro and writes for a number of publications including Forbes, TechRadar, Tes, The Metro, uSwitch and WIRED.



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#WakeUpWednesday

Sources: <https://www.netflix.com/uk/radio/2020/03/lengthy-council-votes-parents-not-to-allow-children-to-watch-squid-game>
<https://help.netflix.com/en/node/2641> | <https://www.mind.com/tips/2020/04/20/parental-guidance/advice-on-violence>



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UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice Threadworms	Tonsillitis
	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.